

KIDS COOKING CLUB

Simple recipes to enjoy together

CREAMY ORANGE FRUIT DIP

Makes
1 cup
(250 mL)

Ingredients

- 1 small orange
- 1 cup (250 mL) Greek vanilla yogurt



Directions

1. Slice orange in half. Use a spoon to scrape the pulp and juice into a small bowl.
2. Stir in the yogurt and let sit for at least 10 minutes before serving.
3. Serve with your favourite fruit.

Notes

- Add 1/8 tsp (0.5 mL) of orange zest for extra flavour.



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